

WEEKLY WORKBOOK



NFL Season 2026

Bring the excitement of professional football into your classroom with engaging, themed activities!

Grades 3–5

July 14, 2026

Activities

NEW WHAT'S INSIDE?



Welcome to the NFL Season!



NFL Reading Check!



Math Problems



NFL Team City Match-Up!



NFL Fan Challenge!



Word Search



Gridiron Crossword Challenge!



Scramble the Stars and Teams!



Football Fun with Emojis!



Draw It!



Gridiron Giggles!



STUDENT INFORMATION

NAME

DATE

CLASS



Get ready for another exciting year of professional football, where teams battle it out on the gridiron to become champions! The National Football League (NFL) is one of the most popular sports leagues in the world, with millions of fans cheering for their favorite teams every week.

An NFL team has 11 players on the field at one time for offense and 11 for defense. Each game is a thrilling display of strategy, strength, and speed. From amazing touchdowns by the Kansas City Chiefs' speedy receivers to powerful runs by the Philadelphia Eagles' offense, every moment is packed with action!

This season, watch out for teams like the Buffalo Bills in the AFC East, the Baltimore Ravens in the AFC North, the Jacksonville Jaguars in the AFC South, and the Denver Broncos in the AFC West. In the NFC, you'll see the Dallas Cowboys from the East, the Green Bay Packers from the North, the New Orleans Saints from the South, and the San Francisco 49ers from the West. These teams, and many more, are all vying for a spot in Super Bowl LXI, which will be held in February 2027 at SoFi Stadium in Inglewood, California!

Remember legendary players like Tom Brady, who won seven Super Bowls, more than any other quarterback in NFL history. New stars are always emerging, making every game a chance to see history in the making. Grab your snacks and get ready for kickoff!

221 words



Answer each question using complete sentences.

1. How many players does an NFL team have on the field at one time for offense?

2. Where will Super Bowl LXI be played in February 2027?

3. Which NFL team was mentioned from the AFC East in the passage?

4. Which player has won more Super Bowls than any other quarterback in NFL history?

5. Name two NFC teams mentioned in the passage.



Solve each problem. Show your work in the space provided.

1. The Chiefs scored 4 touchdowns, 3 extra points, and 2 field goals in their last game. How many points did they score in total? (Remember: Touchdown = 6 points, Extra Point = 1 point, Field Goal = 3 points)

Answer: _____

2. The Ravens' offense gained 285 passing yards and 150 rushing yards. Their opponent, the Steelers, gained 320 passing yards and 110 rushing yards. Which team gained more total yards?

Answer: _____

3. Lambeau Field, home of the Green Bay Packers, can hold about 81,000 fans. If tickets cost \$120 each, how much money is collected if the stadium is completely full?

Answer: _____

4. The Dallas Cowboys flew 1,800 miles for an away game and then flew back home. If they play 8 away games in a season, how many miles do they travel just for those 8 games?

Answer: _____



Match each item on the left with the correct item on the right. Write the matching letter in the blank.

1. _____ Chiefs
2. _____ Eagles
3. _____ Bills
4. _____ Cowboys
5. _____ Packers
6. _____ Bengals
7. _____ Ravens
8. _____ Broncos
9. _____ Dolphins
10. _____ Saints

- A. Green Bay
- B. Buffalo
- C. Denver
- D. Cincinnati
- E. Philadelphia
- F. Dallas
- G. New Orleans
- H. Miami
- I. Baltimore
- J. Kansas City



Test your football knowledge with these tricky questions!

1. Which NFL team plays its home games at Lincoln Financial Field?

- ☐ Dallas Cowboys
- ☐ Philadelphia Eagles
- ☐ New York Giants
- ☐ Washington Commanders

2. How many points is a touchdown worth in American football?

- ☐ 3 points
- ☐ 6 points
- ☐ 7 points
- ☐ 1 point

3. Which team is known for their 'Who Dat?' chant?

- ☐ Atlanta Falcons
- ☐ Carolina Panthers
- ☐ New Orleans Saints
- ☐ Tampa Bay Buccaneers

4. What is the name of the stadium where the Kansas City Chiefs play?

- ☐ SoFi Stadium
- ☐ Lambeau Field
- ☐ Arrowhead Stadium
- ☐ Gillette Stadium

5. Which player holds the record for most Super Bowl wins as a quarterback?

- ☐ Patrick Mahomes
- ☐ Tom Brady
- ☐ Josh Allen
- ☐ Joe Burrow

6. The Chargers and Raiders both play in which conference?

- ☐ NFC
- ☐ AFC
- ☐ MLS
- ☐ NBA

7. Which team has a logo featuring a horse?

- ☐ Indianapolis Colts
- ☐ Jacksonville Jaguars
- ☐ Houston Texans
- ☐ Tennessee Titans

8. Which NFC North team plays in Green Bay, Wisconsin?

- ☐ Chicago Bears
- ☐ Detroit Lions
- ☐ Minnesota Vikings
- ☐ Green Bay Packers

9. What is it called when a defensive player tackles the quarterback behind the line of scrimmage?

- ☐ Interception
- ☐ Fumble
- ☐ Sack
- ☐ Blitz

10. Which team is known as 'America's Team'?

- ☐ New England Patriots
- ☐ Pittsburgh Steelers
- ☐ Dallas Cowboys
- ☐ Los Angeles Rams

11. The Buffalo Bills play their home games in the state of...

- ☐ Massachusetts
- ☐ Pennsylvania
- ☐ New York
- ☐ Ohio

12. Which of these players is a famous quarterback for the Buffalo Bills?

- ☐ Patrick Mahomes
- ☐ Josh Allen
- ☐ Lamar Jackson
- ☐ Jalen Hurts

13. Super Bowl LXI will be played at which stadium?

- ☐ Lambeau Field
- ☐ Gillette Stadium
- ☐ SoFi Stadium
- ☐ Arrowhead Stadium

14. Which animal is the mascot for the Carolina Panthers?

- ☐ Lion
- ☐ Tiger
- ☐ Bear
- ☐ Panther



Find and circle all the hidden words in the grid.

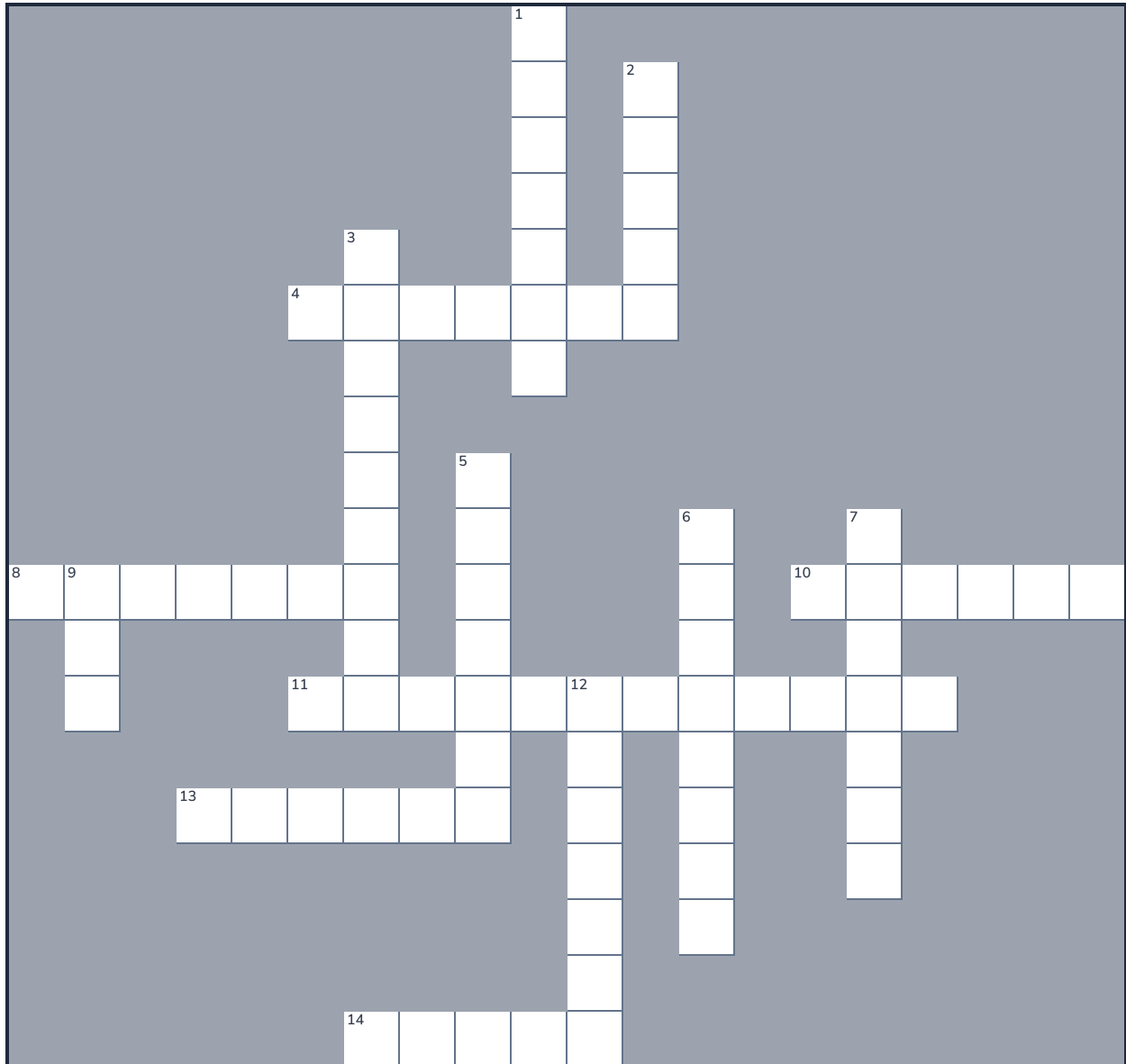
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Z	S	N	I	H	P	L	O	D	C	L	I	Z	G
L	W	E	H	K	E	L	C	E	L	K	J	P	O
Q	S	K	W	N	V	I	T	E	I	V	X	S	R
A	U	Y	O	X	W	W	N	N	I	P	Y	E	H
A	P	A	O	L	U	O	G	X	T	E	O	M	C
S	W	A	R	B	S	S	D	A	L	C	A	O	F
N	F	H	R	T	W	R	F	H	B	U	T	H	H
E	S	S	D	S	E	O	E	F	C	L	K	A	M
V	L	T	F	F	O	R	C	K	O	U	Q	M	M
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R	I	U	P	J	I	H	S	A	D	A	A	T	V
D	B	H	U	V	L	H	M	S	C	U	P	L	N
E	L	B	M	U	F	X	C	O	V	K	Q	I	P

FIND THESE WORDS

CHIEFS EAGLES BILLS COWBOYS PACKERS RAVENS DOLPHINS VIKINGS MAHOMES
 ALLEN HURTS KELCE PARSONS TOUCHDOWN PLAYOFFS QUARTERBACK FUMBLE



Fill in the crossword using the clues below.



ACROSS

- 4. The Cincinnati jungle cats
- 8. Denver's wild horse team
- 10. Philadelphia's high-flying birds
- 11. A defender's big play, catching the opponent's pass
- 13. Baltimore's fierce bird team
- 14. Quarterback for the Philadelphia Eagles

DOWN

- 1. A player who lines up on the offensive or defensive line
- 2. Buffalo's snowy team
- 3. Player known for amazing catches for the Vikings
- 5. Home of the Lombardi Trophy winners in Green Bay
- 6. Miami's ocean mammal team
- 7. Star quarterback for the Kansas City Chiefs
- 9. Los Angeles's horned sheep team (singular)
- 12. Dallas's famous star team



Scramble the Stars and Teams!

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Unscramble each word. Write the correct spelling on the line.

1. FELAGE

2. SHCEIF

3. NAMHOSE

4. LLENA

5. WCOSYOB

6. VNAERS

7. RTUSH

8. TISPATOR



😊 Football Fun with Emojis!

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Each emoji has a value. Use the key to solve each equation.

$$\text{🏈} = 6 \quad \text{👤} = 3 \quad \text{★} = 1 \quad \text{🛡️} = 2$$

1. $\text{🏈} + \text{👤} + \text{★} = ? = \underline{\hspace{2cm}}$

2. $\text{🏈} + \text{🏈} + \text{🛡️} = ? = \underline{\hspace{2cm}}$

3. $\text{👤} + \text{👤} + \text{★} + \text{★} = ? = \underline{\hspace{2cm}}$

4. $\text{🏈} + \text{🛡️} - \text{★} = ? = \underline{\hspace{2cm}}$

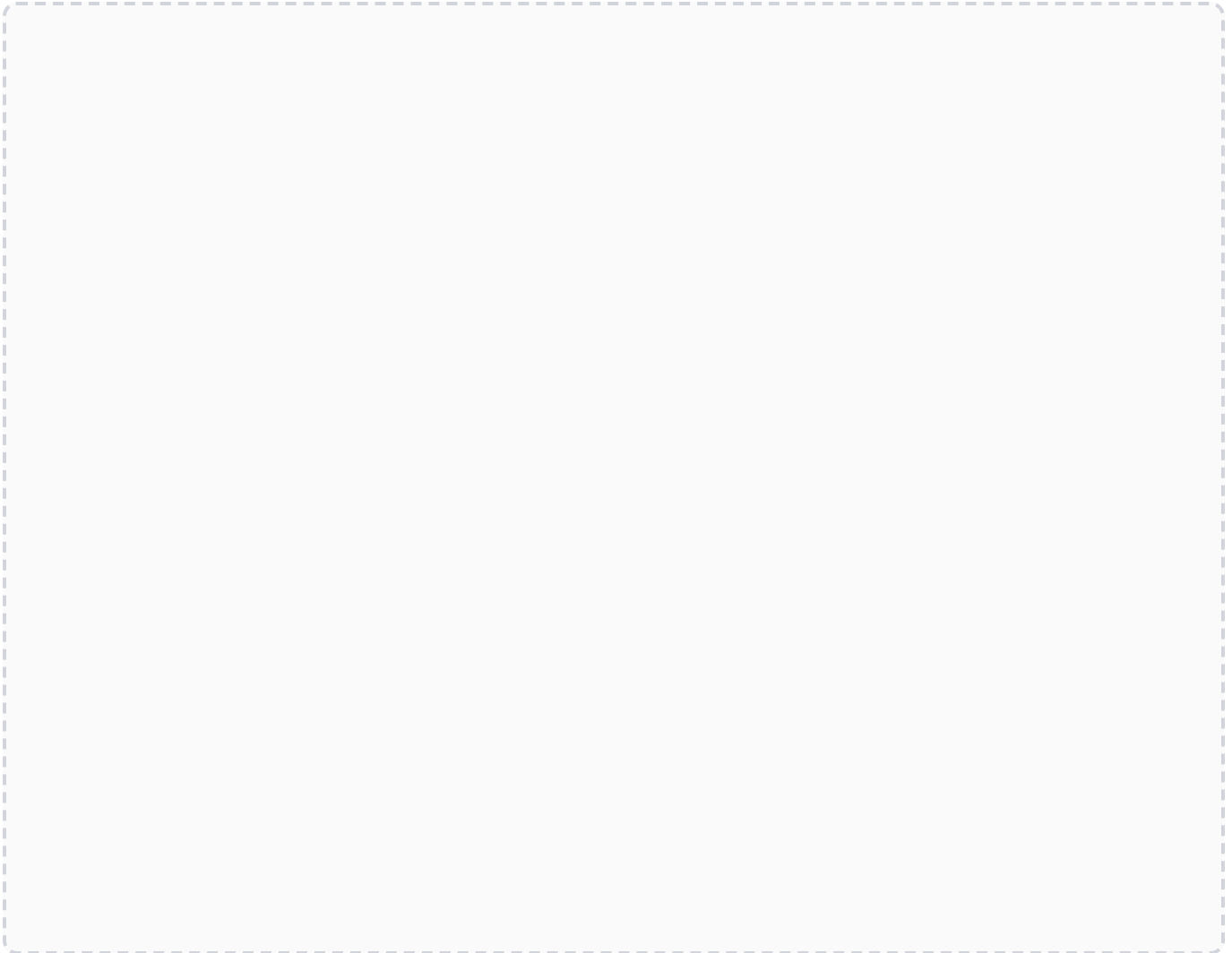
5. $\text{★} + \text{★} + \text{★} + \text{👤} = ? = \underline{\hspace{2cm}}$

6. $\text{🏈} - \text{🛡️} + \text{★} = ? = \underline{\hspace{2cm}}$

7. $\text{🏈} + \text{👤} + \text{🛡️} = ? = \underline{\hspace{2cm}}$

Design a new helmet for your favorite NFL team or create a logo for a brand new team! Show off your creativity!

 Think about colors, symbols, and what makes your team unique. Will your team have an animal mascot or something else? Draw it large and colorful!



Share a laugh! Read each joke aloud.

🤔 Why did the football coach go to the bank?

😄 To get his quarter back!

🤔 What do you call a happy football player?

😄 A joy-full player!

🤔 What does a football player say when he gets hurt?

😄 Ouchdown!

🤔 Why are football stadiums so cool?

😄 Because they're full of fans!



Check Your Answers Online!

Scan the QR code or visit the link below to check your answers and find more fun activities on Shark Learning.



sharklearning.com/workbook/2026-07-14-nfl-season-2026

or scan the QR code above

 Keep practising — great things take time! 